

A Little Bit Lit

24 Count, 4 Wall, Débutante

Choreographer: Rob Fowler (UK) Jul 2017

Choreographed to: Lit by Trace Adkins

Intro: On Vocals (32 counts – approx. 22 secs from main beat)

Section 1 R Side, Together, Chasse R, Cross Rock, Shuffle ¼ Turn L

1-2 Step R to R side, step L next to R

3&4 Step R to R side, step L next to R, step R to R side

5-6 Rock L over R, recover back on R

7&8 Step L to L side, step R next to L, make ¼ turn L stepping fwd L (9 o'clock)

Section 2 Toe Heel Cross, Toe Heel Cross, Kick Out Out, Heels Toes Heels

1&2 Touch R toe next to L (R knee in), touch R heel next to L (toe out), stomp R fwd

3&4 Touch L toe next to R (L knee in), touch L heel next to R (toe out), stomp L fwd

5&6 Kick R fwd, step R to R side, step L to L side

7&8 Twist both heels in, twist both toes in, twist both heels in (9 o'clock)

Section 3 R Rock Step Fwd, Recover, R Lock Step Back, L Rock Step Back, Recover, Step L Fwd, 2 x Claps

1,2 Rock fwd R, recover back L

3&4 Step back R, cross L over R, step back R

5,6 Rock back L, recover on R

7&8 Step fwd L, clap hands twice (9 o'clock)

Recommencer au début